



## COLLECTION OF DECISIONS AND ORDINANCES OF THE UNIVERSITY OF SOUTH BOHEMIA IN ČESKÉ BUDĚJOVICE

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### **Rector's Ordinance on the Establishment of the Council for Healthy Lifestyle and Physical Activity at the University of South Bohemia in České Budějovice**

#### **Article 1**

##### **Introductory provisions**

1. The USB Rector issues this ordinance as an internal regulation of the University for the purpose of promoting health, prevention, and the development of physical activity among students and staff of the University.
2. This ordinance establishes a permanent internal coordinating body of the USB Rector called the Council for Healthy Lifestyle and Physical Activity of the University of South Bohemia in České Budějovice (hereinafter referred to as the 'Council').

#### **Article 2**

##### **Mission and objectives of the Council**

1. The Council's mission is to systematically promote a university environment that encourages a healthy lifestyle, supports physical activity, and contributes to the prevention of health and psychosocial hazards among students and staff.
2. In particular, the Council:
  - a) Proposes priorities and measures in the area of healthy lifestyles and physical activity, including basic strategies for the development of these areas at the University and annual action plans;
  - b) Coordinates cooperation between constituent parts of the University and partner organisations in this area;
  - c) Supports the development of services, programmes, and infrastructure for physical activity;
  - d) Evaluates the impact of implemented activities and proposes adjustments;



- e) Organises and oversees activities carried out within the framework of the University's sports representation and USB's involvement in academic sport.

### **Article 3**

#### **Scope and powers of the Council**

1. The Council is a permanent internal coordinating body of the Rector. It does not exercise decision-making powers over the University's constituent parts, unless the Rector decides otherwise.
2. The Council shall, in particular, recommend to the Rector:
  - a) An annual plan of activities and development in the area of healthy lifestyles and physical activity;
  - b) Proposals for the allocation of funds earmarked for related programmes and projects;
  - c) Recommendations for the University's communication with students and staff;
  - d) Proposals for the collection and evaluation of data (e.g. wellbeing, satisfaction, programme participation), including indicators.

### **Article 4**

#### **Composition of the Council**

1. The Council shall have at least 10 members.
2. Members of the Council are appointed and dismissed by the Rector.
3. The Council shall consist primarily of the following members:
  - a) Bursar,
  - b) Vice-Rector for Development,
  - c) Vice-Rector for External Relations, Sustainability and Human Resource Development,
  - d) Representatives of the faculties,
  - e) Student representatives appointed by the Rector,
  - f) Representatives of the Department of Physical Education and Sport of the USB Faculty of Education.
4. Other members of the Council may also include:
  - a) Representatives of other University constituent parts relevant to the Council's remit,
  - b) Representatives of the University's counselling services.



5. The Chair of the Council may invite permanent guests to attend Council meetings without voting rights. Guests may also include external experts, particularly from the fields of public health, nutrition, physiotherapy, and similar areas.

#### **Article 5**

##### **Term of office**

1. The term of office of Council members is two years. Reappointment is possible.
2. Membership shall cease upon the expiry of the term of office, upon dismissal by the Rector, or upon resignation. Membership shall also cease upon the termination of the employment with the University or upon completion of studies at the University, unless the Rector decides that membership shall continue.

#### **Article 6**

##### **Chair of the Council**

1. The Chair of the Council shall be appointed by the Rector, usually from among the members of the University management.
2. The Chair of the Council, in particular:
  - a) Convenes and chairs meetings of the Council;
  - b) Submits the Council's statements and recommendations to the Rector.

#### **Article 7**

##### **Council meetings and the procedure for adopting recommendations**

1. The Council shall meet as required, but at least four times a year, and whenever convened by the Chair of the Council.
2. Meetings shall be convened by the Chair, normally with at least 10 calendar days' notice, together with a draft agenda.
3. The Council shall have a quorum if a majority of its members are present.
4. The Council's recommendations are adopted by a majority of the votes of the members present. In the event of a tie, the Chair casts the deciding vote.



5. Meeting minutes shall be taken, archived and, at the Chair's discretion, may be published within the University's internal network.
6. For the purposes of its activities, the Council is authorised to request the necessary information from the bodies and officials of USB and its constituent parts, other University staff, and experts outside the University. Members of the Council are obliged to handle the information received in accordance with generally applicable legal regulations and the University's internal rules.

## **Article 8**

### **Working Groups**

1. The Council has standing working groups for the following areas:
  - a) Academic representation of the University,
  - b) Development and implementation of the Strategy for a Healthy Lifestyle and Physical Activity and its action plans.
2. The Council may establish working groups on selected topics, in particular:
  - a) Physical activity and academic sport,
  - b) Healthy lifestyles and prevention (including nutrition and lifestyle measures),
  - c) Well-being and psychosocial support,
  - d) Communication and the involvement of students and staff.
3. Working groups may also include non-members of the Council (both University experts and external experts).

## **Article 9**

### **Final provisions**

This ordinance comes into force on the date of its publication in the collection of decisions and ordinances of the USB Rector and takes effect on 19 March 2026.

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Rector

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